



Health *through* Oral Wellness®



A healthy mouth is vital to overall wellness

Health *through* Oral Wellness® (HTOW) is a unique, patient-centered program that adds additional benefits to your Delta Dental plan based on your individual oral health needs. Additional benefits are determined by your risk of developing gum disease and tooth decay today and in the future. The majority of Delta Dental of South Dakota members who had an assessment have unlocked additional benefits. You, too, may unlock sealants, fluoride, extra cleanings, and more!



Here's how Health *through* Oral Wellness works:

1



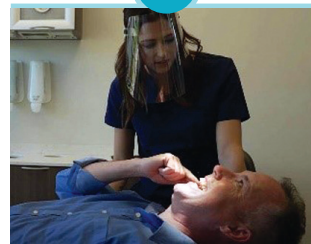
A member goes to the dentist. The clinician performs a Health *through* Oral Wellness risk assessment.

2



Behind the scenes, patented technology predicts patients' risk for oral diseases today and tomorrow.

3



Based on the oral health scores, patients may unlock additional preventive benefits like extra cleanings, fluoride and more.

4



By focusing on prevention, the oral health team can stop diseases from ever happening.

Health *through* Oral Wellness® means healthier smiles

Most Delta Dental of South Dakota plans cover prevention at 100%, allowing maximum protection with little to no out-of-pocket for you. In addition, by focusing on prevention, you avoid painful and often expensive emergency treatments in the future.



Have you ever missed an afternoon at work due to a dental issue?

On average, \$45 billion in US productivity is lost each year due to untreated dental disease.

CDC - <https://tinyurl.com/5fsn87rf>



Nearly half of all adults age 30 years and older have some form of gum disease.

If caught and treated early, gum disease can be reversed, but if left untreated, you could end up in pain, or worse, you could lose some of those pearly whites. Not to mention research shows a link between oral health and overall health. By taking care of your oral health, you can spend more time doing the things you enjoy and being present with the people you care about, plus you eliminate the pain and expense of dental diseases. Now that's plenty to smile about!

To learn more about Health *through* Oral Wellness visit <https://southdakota.deltadental.com/shop-dental-plans/features-and-options/health-through-oral-wellness/>

