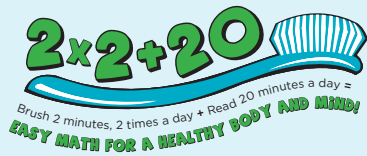


MY BRUSHING AND READING CHART

Name: _____ Month: _____


























Monday



Instructions:

Brush 2 minutes, 2 times a day and read for 20 minutes a day. After brushing and reading, cross off that day's tooth and book icons to finish your day!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
  	  	  	  	  	  	  
  	  	  	  	  	  	  
  	  	  	  	  	  	  
  	  	  	  	  	  	  
  	  	  	  	  	  	  

 DELTA DENTAL®

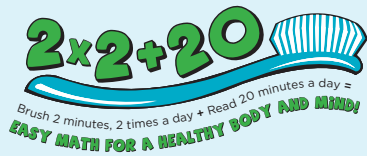
Delta Dental of South Dakota



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