



Health *through* Oral Wellness®

Oral Hygiene Instructions (D1330)

The Health *through* Oral Wellness® program provides additional preventive benefits to members who need them most. If a patient has Health *through* Oral Wellness as part of their dental plan and receives a tooth decay risk score of 3, 4, or 5 on the PreViser® risk assessment, they qualify for additional benefits. These preventive benefits include once in a lifetime “Oral Hygiene Instructions” (D1330) in addition to other preventive services like sealants (please see *Summary of Additional Benefits* for details).

The Health *through* Oral Wellness® additional benefits follow the patient’s Delta Dental of South Dakota plan coverage. So, patients will see the claim for “Oral Health Instruction” on their explanation of benefits (EOB). For some patients, this charge will go against their annual maximum benefit, and others may have an out-of-pocket charge if their plan does not cover preventive services at 100%. For these reasons, we recommend discussing and documenting oral hygiene instructions such as:

- Tooth brushing technique
- Flossing
- Use of oral hygiene aides
- Use of prescription and over the counter antimicrobial rinses, irrigants or dentifrices for control of bacterial plaque or remineralization of tooth surface
- Lifestyle impacts on oral health like fluoridated water, sugar intake, and tobacco use

Clinical notes should document the specific topics discussed with the patient. Submission of clinical notes or narratives is not required when claims are submitted, but may be requested for quality assurance purposes

For more information about Health *through* Oral Wellness® please visit our website www.deltadentalsd.com